

ADVENTURE AND CULTURE 2D 1N

Itinerary	
Day 1	<p>0800 Pick up from Hotel and drive to Menggatal Town. Stop over for coffee before departing to Tamaza Adventure Centre / also the base camp</p> <p>Briefing followed by another coffee break.</p> <p>Trek to waterfall with some river crossing- guided</p> <p>Swim at waterfall</p> <p>Lunch</p> <p>Trekking back on different route</p> <p>Arrive at base camp</p> <p>Fix tent for overnight camping - river side camping/ choose own location at designated campsite</p> <p>Dinner and entertainment with the locals.</p> <p>Watching fire flies at night near campsite</p> <p>Overnight</p>
Day 2	<p>Rise</p> <p>6am bird watching around campsite and picture taking</p> <p>7am breakfast</p> <p>8am dismantle tent and clean up campsite area</p> <p>9am drive to Kiulu, starting point for river rafting</p> <p>930am rafting briefing</p> <p>Rafting and at ending point lunch will be served</p> <p>230pm return back to Hotel.</p> <p>END</p>

WHAT TO EXPECT

Please note that it is camping out. Tents and blankets etc will be provided.
Ladies will have privacy for bathing and changing
It is rainy season in June. There is a back up plan for the overnight stay.

What to bring

Personal toiletries including towels
Medications if on one
Insect repellents
trekking shoes and flip flop
plastic bags to protect your personal belongings

REGISTRATION FEES

- RM430/- (TWO HUNDRED RINGGIT ONLY) per person
- Payable 2 WEEKS before program commences
- Minimum to go 8 pax

ACCOUNT DETAILS:

<i>Name of Account:</i>	AVASI BORNEO TOURS & TRAVEL (S) SDN BHD
<i>Bank name:</i>	OCBC BANK (MALAYSIA) BERHAD
<i>Swift code:</i>	OCBCMYKL
<i>Bank address:</i>	KOTA KINABALU BRANCH 21 & 23, JALAN PANTAI, 88000 KOTA KINABALU SABAH, MALAYSIA
<i>Bank account:</i>	7651147783

OR

<i>Name of Account:</i>	AVASI BORNEO TOURS & TRAVEL (S) SDN BHD
<i>Bank name:</i>	RHB BANK BERHAD
<i>Swift code:</i>	RHBBMYKLXXX
<i>Bank address:</i>	LOT 6-19, GROUND FLOOR, LINTAS STATION JALAN LINTAS, LUYANG 88300 KOTA KINABALU
<i>Bank account:</i>	21010 3000 15080

For further information, please contact :

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