

OUTDOOR ADVENTURE CAMP PROGRAM

Introduction

Program is designed and developed by **Adventure Cultural Village (ACV)** which tailored them using outdoor activities and sessions as vehicles to spark up awareness and create situations to learn positive thinking, leadership, teamwork, communication, team spirit and cohesive interaction.

Participants are exposed to wide range of land, water and climbing activities which are run at privately owned 100 acres park.

In keeping with the adventure spirit, participants improvise resources in natural, challenging, fun and supportive environment.

For some, activities serve to understand personal mental and physical strengths however, participants are respected to their existence and abilities. Everyone is valuable for ideas and contributions as well as a team player to meet goals.

During debrief and processing sessions, adjustment and flexibility have always platform for negotiation and open discussion to bring up the best for everyone in win-win situation.

The presence of experienced personnels provide the necessary tips and highlights as when needed but individuals or groups are encouraged to take initiative and creativity working with limited resources and executed tasking within time frames.

While these activities further develop comradeship and confidence, this surely freshens your future endeavour.

The following information are attached :-

A. Proposed program

B. Program details

A) Proposed program

Duration:

3 days & 2 night

Venue:

Tamaza Natai TELIPOK KK

Number of people: min 8 pax

Age: above 15 years

DAY 1

Pickup from Hotel

Series of dynamics and interactive activities conducted in the big group on open space. Everyone is involved running around and positioning themselves in various gestures as instructed as part of bringing out individual inhabitant.

Safety and cautions are heard and repeated while everyone is on move to avoid hitting others or unexpected accidents.

These activities lasts for TWO AND THREE HOURS.

Will end with short debrief in smaller groups sharing.

PART 1

Physical activities which make everyone participate and aware of others' presence and movement. Require less thinking but more physical and responding to instruction, understand and execute it with almost instant responses and reactions. With sport attires, participants are interacting with much comfort and relaxation.

PART 2

Much developed dynamics activities to challenge both physical and mental to quickly respond into action.

Big group is divided into smaller groups which is part of activities on how best participants can organize themselves with limited timing. With more excitement and fun interacting with each other, groups are challenged to be competitive to other groups to show case the best that they could.

Be a tiger not a cat!

DAY 2

Challenging the groups to overcome various obstacles activities which previously set up by training support team.

Involved a lot of movements, building human structured support, climbing and crawling.

Groups need to identify problem, tasks and discuss or plan on how they could overcome the obstacles as one cohesive team, everyone must involved. No passenger!

Leaders must make sure everyone is respected

to their rights, participation and capacity. Limited time frame is part of challenge just like a contract with an expiry. Being late, it is part of learning but reflected a loss in the real world.

Groups' created logo and slogan as agreed and planned by own members, participants must continue adhere to the team spirit and objectives.

As the Training team has given an ample time so do participants are expected to perform the highest level to respect for punctuality while doing activities. As on operations, reminders and cautions again repeated for groups on move as not exceeding time while enjoying activities.

Suitable attires are helpful to casual move.

Not to miss that the level of thinking on this stage, groups are expected to be more prepared with best approach to strike out, hit the right the target.

DAY 3

Final challenge

The 3 hours jungle expedition and bush cooking are conducted within the designated areas.

Smaller groups move to various points in search of TREE OF HOPES to compete the jungle puzzles.

Take initiative and be creative!

Part 1 – TREE OF HOPES

Groups are given limited information to search for Tree of Hopes as a team within the designated areas and timing.

Experience, navigation and orientation skills are bonus for groups during this activity. In spirit of teamwork, no one is left behind and unattended, everyone has right to claim their support, information and participation.

Part 2 – BUSH COOKING

Completing Bush Cooking by producing the best outcome possible.

Your product is rated by a team of hungry testers!

Doing the right thing makes you feel complete and gaining, fulfilled.

DEBRIEF

Analyzing and learning from different situations and moments during the activities with hope to spark up new inspirations and better awareness of organizational mission and vision.

NOTE:

Program activities might be adjusted due to weather and safety during operations.

B) Program details

Organizer :

(state your school or company and person incharge with contact)

Activities Delivery by: *Adventure Cultural Village*

Accommodation

Sleeping in tents

Meals

Breakfast, lunch and dinner provided

Registration

Participant must fill in the registration form (given upon request)

Submit 2 WEEKS before program commences

REGISTRATION FEES

- RM400/- (TWO HUNDRED RINGGIT ONLY) per person
- Payable 2 WEEKS before program commences

ACCOUNT DETAILS:

Name of Account: AVASI BORNEO TOURS & TRAVEL (S) SDN BHD
Bank name: OCBC BANK (MALAYSIA) BERHAD
Swift code: OCBCMYKL
Bank address: KOTA KINABALU BRANCH
21 & 23, JALAN PANTAI, 88000 KOTA KINABALU SABAH,
MALAYSIA
Bank account: 7651147783

OR

Name of Account: AVASI BORNEO TOURS & TRAVEL (S) SDN BHD
Bank name: RHB BANK BERHAD
Swift code: RHBBMYKLXXX
Bank address: LOT 6-19, GROUND FLOOR, LINTAS STATION
JALAN LINTAS, LUYANG
88300 KOTA KINABALU
Bank account: 21010 3000 15080

SAFETY PRIORITY

All areas of operations and activities are checked and tested before the actual event to meet the standard of safety.

WISHING PARTICIPANTS A FRUITFUL TRIP!!

For further information, please contact :

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RIVER WALK



TREKKING

